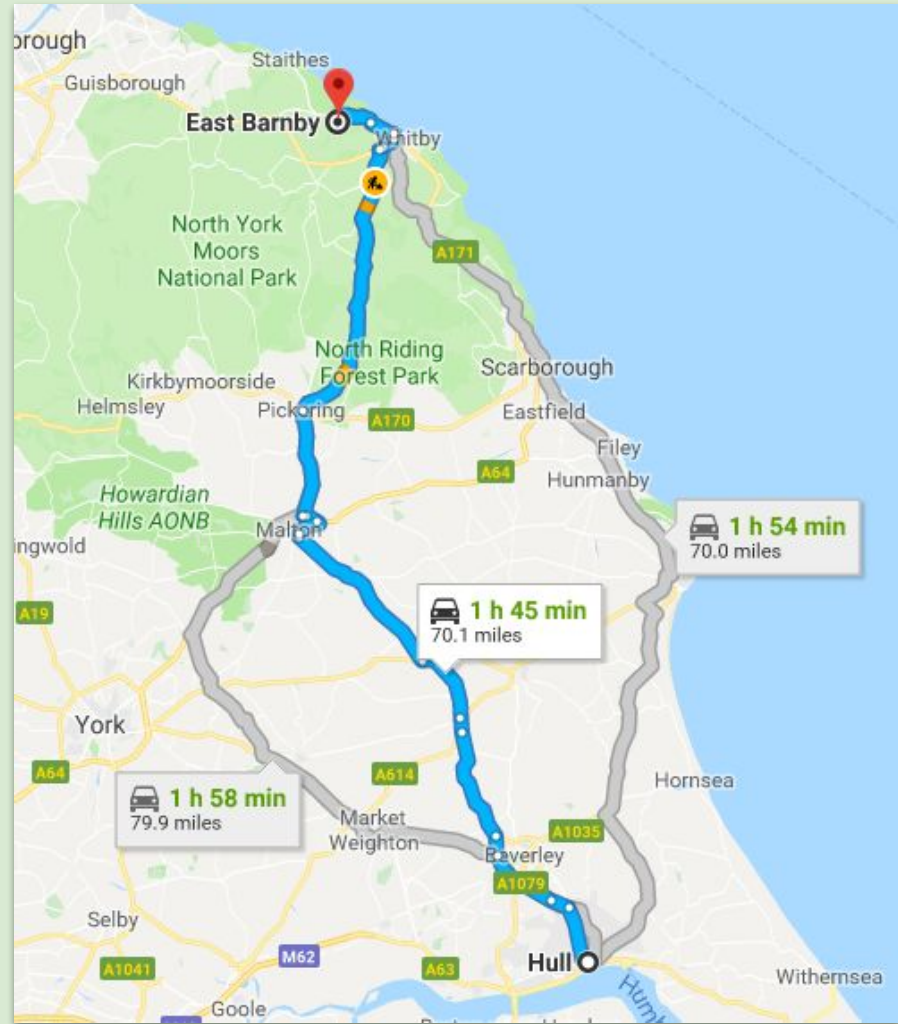




Year 6 East Barnby

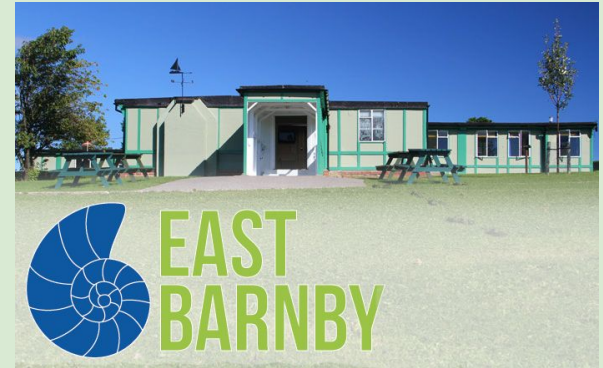
13th - 15th March 2023



What will we be doing?

Day 1

- Setting off from school at 8:30. Please arrive at School no later than 8:10 via the car park/ grey gates.
- Arriving at East Barnby around 10:30 am.
- **Activity 1 - Seashore Explore (1/2 Day)**
- Settling into our accommodation.
- Enjoying the outdoor activities offered by the centre, such as dry slope sledging, sports and orienteering.
- Evening meal
- Evening activities and Bed around 9pm



Please do not your child with a pack up for the first day.

What will we be doing?

Day 2



- The children will be split into 4 groups for the activities, each with an adult from Ings accompanying them.
- **Activity 2 - Canoeing**
 - ½ day activity
- **Activity 3 - Beck Scrambling**
 - ½ day activity
- Evening meal
- Evening activities
- Bed



What will we be doing?

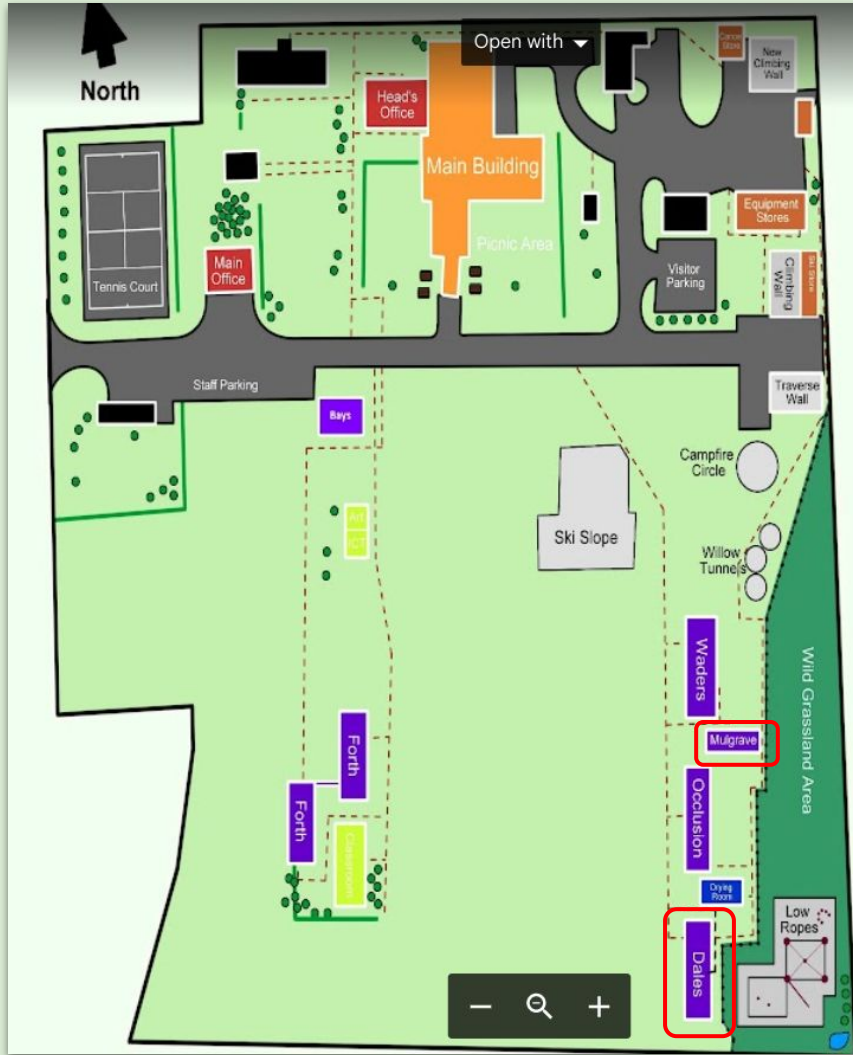
Day 3



- After breakfast the children will pack up their belongings.
- **Activity 4 - orienteering (local area)**
- Set off back to school just after lunch.
- **Approximate arrival time: 3:30-3:45.**

Any change in arrival time will be communicated via text and Twitter.





Key to buildings

- Main Building
- Dormitory
- Classroom
- Store
- Meeting Area
- Office
- Activity Area
- Private Buildings

General Key

- Grass
- Trees
- Hedge
- Wild Grassland
- Pond
- Footpath
- Activity Area
- Tarmac Surface

Where will we be staying?



- We will have sole use of two dormitory buildings - boys/girls
- Bedrooms sleep between 4 and 10 in bunk beds.
- Groups to be decided by class/teachers.
- 2 Adults in each building - in separate rooms.
- Toilets and showers accessible for all, and separate for genders.
- Doors locked and dormitory alarmed at night.

Beyond the dorms:

- Dining room.
- Common room
- Games room
- Drying room





What will we be eating?

Breakfast:

- Yoghurts
- Cereal
- Fresh fruit
- Sausages
- Mini waffles
- Boiled eggs
- toast

Packed Lunch:

- Sandwich selection
- Fruit
- Mixed fruit bag
- Sausage rolls
- Crisps
- biscuit



What will we be eating?



Evening meal example:

- Bread sticks
- Pasta bolognese
- Garlic bread
- Chicken fajitas
- Sweetcorn
- Salad bowl
- Apple crumble and custard

Other example meals:

- Fish and chips
- Chicken curry and rice
- Roast gammon
- Chicken pie
- Pizza and wedges
- Lasagne
- Selection of puddings

If your child has special dietary requirements, please contact the school so we can liaise with East Barnby to discuss possible solutions.



Kit List- clothes for activities:

- 3 pairs of thick socks
- 3 pairs of thinner socks
- 3 hoodies/ fleece/ jumpers
- 3 pairs of joggers/ trackies / doubled up leggings (not jeans for the activities)
- 4 t-shirts
- 2 pairs of trainers
- Waterproof jacket or coat

Children are to wear one set of these for the journey down.

Wellies - bring if you have them but will be supplied by East Barnby if not





Kit List- other essentials:

- Changes of underwear
- 2 good size towels
- Toiletries (roll on deodorant only)
- Personal medication
- Sun cream
- Sun hat (cap)
- Drinks bottle (1 litre)
- Pyjamas
- Torch (spare batteries)
- Small rucksack
- Book/ playing cards
- Lip salve
- Black bin bag for dirty washing
- Pocket money (£5 max)
- Cuddly toy
- Flip flops for the shower (if they want them)
- Set of casual clothes for the evenings

No electronic devices or mobile phones please - Disposable cameras



Please take away:

- Kit List
- Consent/ Emergency Contact Forms

Are there any further questions that we can answer for you?

Thanks for attending