



Ings Primary School, Ings Road, Hull HU8 0SL
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Executive Headteacher: Mrs K Roe

Dear Parent/Carers

RE: Break time snacks

We have noticed an increase in unhealthy snacks being brought into school. These items have included Kit Kat Chunkys, Pringles, crisps, chocolate bars and cereal bars containing nuts.

As we are a nut free school and wish to promote healthy food choices please ensure that break time snacks are fruit or vegetables only.

We are looking into the possibility of running a healthy tuck shop on a Friday as an end of week treat, more information to come.

If you have any questions about this or if your child has any medical conditions and this may cause a problem, please contact the school.

Kind Regards,

Mrs Seddon
Assistant Headteacher